

A Special Shabbat Mishpacha

Friday, December 7

Saturday December 8

Friday, December 7, 6:00 pm

Join us for a “Neshama Service” (Service for the Soul) with Amichai Margolis.

Shabbat is a time to refresh one’s soul. Come join the incomparable Amichai Margolis as we create a musical Friday evening service that lifts us up and engages us as we step back from our hectic week.

Saturday, December 8, 9:30 am

Come to the JCCH for a special Shabbat morning experience.

In addition to morning services, from 10:20-10:50 am there will be opportunities to learn with Rabbi Hammerman, Cantor Marcos, or Amichai Margolis.

Plus, during services from 10:50-11:20 am, hear a talk by Amanda Salzhauer and Dale V. Atkins, co-authors of *The Kindness Advantage: Cultivating Compassionate and Connected Children*, a practical and concrete guide for parents and grandparents to equip a young child with the essential skills to have a positive influence on the world.



Following services, stay for Kiddush and continue the conversation on kindness over lunch.

To read more about *The Kindness Advantage*, or to order a copy, click [here](#).

Learning Opportunities:

(Why) Should it be a Mystery?

Rabbi Hammerman (*Library*)

We will look at the siddur and a few of the prayers that we may know well - even, by heart - but, perhaps, we still don’t know what they are really about.

Continue to page 2

Just Breathe

Cantor Marcos (*small sanctuary*)

Learn how chanting, deep breathing, and meditation can help prepare our body, mind, and soul for prayer. This is an interactive, meditative, contemplative, and spiritual experience.

“Bishvili Nivrah Haolam - For me the world was created”

Amichai Margolis (*patio reception room*)

The Rabbis in the Mishnah say that we must have the conviction and faith that “the world was created for me.” Let’s explore, through text and song, the privilege and responsibility in that idea.